

# Rise Ye Women Challenge

Today, I only hold myself accountable for my life's failures and triumphs and I release right now everyone and everything I've empowered to have reign over my life. I commit to challenge myself to (check what applies to you):

- **Rise above** my financial circumstances by being a better steward of the resources God has granted me.
- **Rise above** the victimized mentality because I'm a conqueror through Jesus Christ.
- **Rise above** mediocrity and live my life with purpose by planning my days and better managing my time.
- **Rise above** negative thoughts by feeding my mind with God's word and other powerful self-motivating books.
- **Rise above** a can't do attitude because I can do all things through Christ that strengthens me.
- **Rise above** self-hatred or low-self esteem because I was created in the image of God.
- **Rise above** anger and bitterness towards others that have wronged me by forgiving them.
- **Rise above** barriers that prevent me from having a liberated life by infiltrating my mind with God's word and adopting the mind of Christ.
- **Rise above** sexual immorality because my body is God's temple.
- **Rise above** infidelity because I will respect the sacredness of marriage.

Signature: \_\_\_\_\_

Today's Date: \_\_\_\_\_