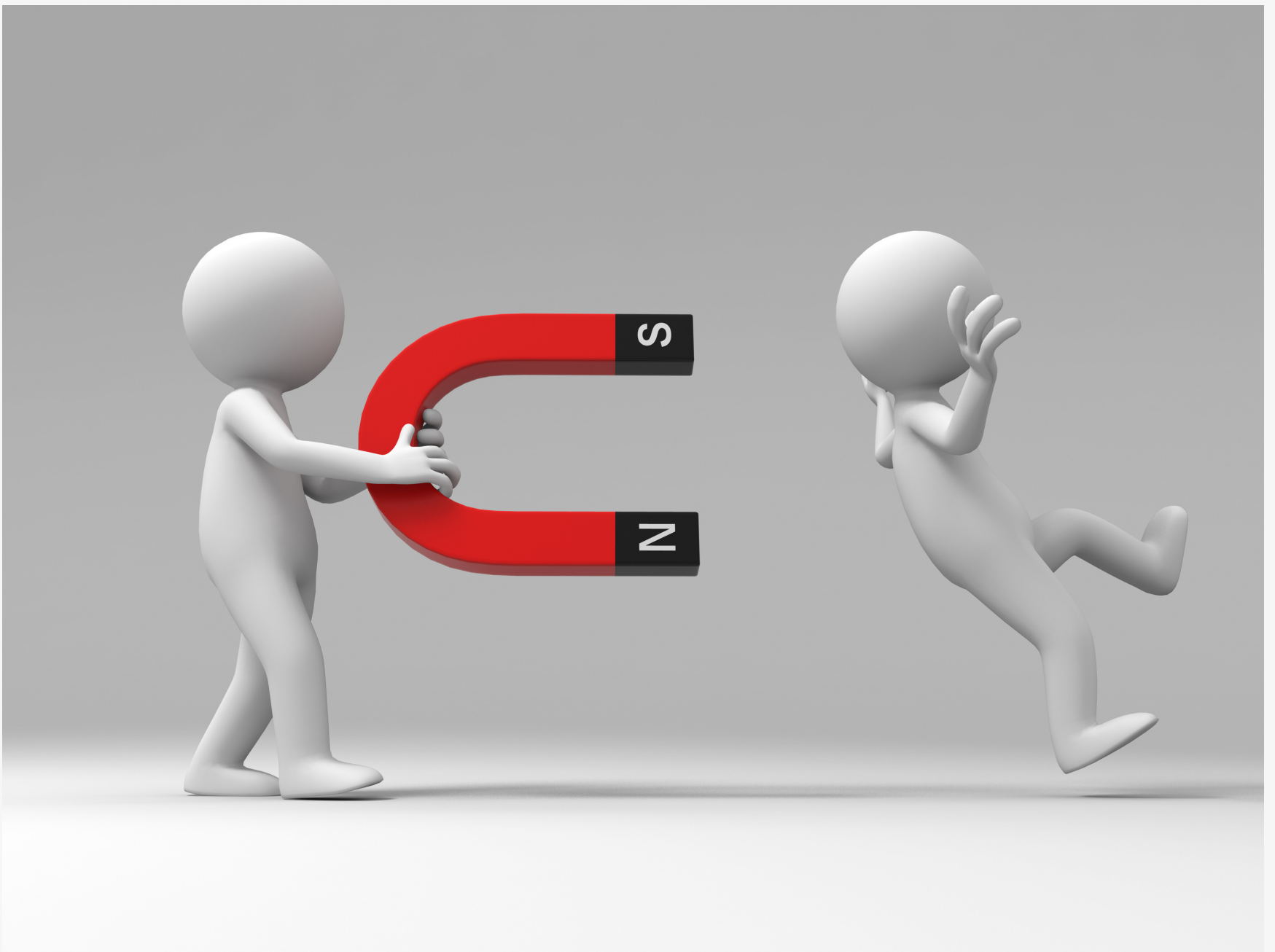


FREE GUIDE

Unstuck



How to get unstuck in 3 easy steps.

[DOWNLOAD NOW](#)

3 EASY STEPS TO GET UNSTUCK

1. Assess your current stance

- Are you satisfied with your current stance?
- Where are you in your finances, career, business, or relationships?

2. What do you want to accomplish?

- What do you want to achieve in your business, finances, career, or relationship(s)?

3. Create and execute a plan

What are the steps you will take to accomplish your desired outcome?

THREE PILLARS TO GET UNSTUCK

CURRENT STANCE

What's your current stance and what got you here?

DESIRED OUTCOME

What do you want to accomplish and why?

STEPS METHODS

Strategies to accomplish your desired outcome.

Worksheet

1. **Column 1** - Identify the category you feel stuck or want to change. Also, state what brought you to this stance (e.g.,
2. **Column 2** - State where you want to be in your selected category from **Column 1**.
3. **Column 3** - Indicate the steps you will take to achieve what you want in **Column 2**.

Where Are You?

With your finances?

In your career?

Your relationship(s)?

In your business?

In your health?

Where do you want to go?

Debt Free.

Want a new career.

Want to build new business connections.

Want to expand my business to serve more people.

Lose COVID weight (e.g., 10 lbs.)

How will you get there?

Create and live on a budget.

Take an assessment to determine the career suitable to my desires,, skills, and aptitude.

Improve active listening skills that will lead to team cohesiveness..

Create content that may improve business performance for prospective business connections.

Walk everyday for thirty minutes.

WHERE ARE YOU?
What's your current stance?

A series of horizontal lines for writing, alternating between light gray and white. The lines are evenly spaced and cover the majority of the page below the header.

WHERE DO YOU WANT TO GO?
WHAT WOULD YOU LIKE TO ACCOMPLISH?

A series of horizontal lines for writing, alternating between light gray and white. The lines are arranged in a repeating pattern of two lines per row, with a total of 20 rows. The first row starts with a light gray line, followed by a white line, and so on. This provides a guide for writing while leaving space for text.

HOW WILL YOU GET THERE?
HOW WILL YOU ACCOMPLISH YOUR DESIRED OUTCOME?

A series of horizontal lines for writing, alternating between dark and light gray bands. The lines are evenly spaced and cover the majority of the page below the header.

3 WAYS TO GET UNSTUCK

Summarize your current stance, your desired outcome and the steps you will use to get unstuck.

Where are you?

Where do you want to go?

How are you going to get there?